The 10th International meeting of the Asian Pacific Society of Periodontology was held in Nara, Japan on 3-4 September 2013. This was a special meeting for the APSP as it celebrated 20 years since its foundation in 1993. Over 360 delegates from 17 countries attended this APSP meeting which had as its theme “The Past, Present and Future of Periodontology”.

The meeting was opened with an opening address by Professor Toshihiko Nagata, the President of the 10th Asian Pacific Society of Periodontology Meeting. Additional greetings were presented by Mr Yoshihiro Kaneda, Sunstar Group; Mr Takashi Yamamoto, Lion Corporation and Dr Arunee Laiteerapong, Johnson & Johnson Consumer Limited.

The two-day program was very full, with 20 presentations from speakers from 17 different countries. In addition, 78 posters were scheduled for presentation. Over the two days special key note speakers and representatives from many countries in the Asian Pacific region presented lectures on a wide range of topics:

**Keynote Lectures**
- Prof Isao Ishikawa (Japan): History of the Asian Pacific Society of Periodontology and recent progress of periodontal regeneration with cell sheet engineering
- Dr Mark Ryder (USA): The perio-systemic relationship: Where are we now?
- Dr Naoko Tajima (Japan): The global type 2 diabetes epidemic and a strategy to fight it
- Dr Satoru Urano (Japan): The interrelationship of orthodontic treatment with periodontics from the view point of hard and soft tissue
- Dr Toshihiko Nagata (Japan): The close relationship between periodontitis and diabetes and the diagnosis of diabetes-associated periodontitis
- Dr Toshio Matsumoto (Japan): Regulation of osteoblast differentiation by mechanical strain and parathyroid hormone: role of interleukin (IL)-11

**Country Speakers**
- Dr AR Pradeep (India): Monocyte Chemoattractant Protein-4 (MCP-4) and progranulin: Novel biomarkers linking periodontitis and obesity
- Dr Stanley Lai (Hong Kong): Modern periodontal therapy – What could be achieved and how relevant to our patient?
- Dr Yorimasa Ogata (Japan): Effect of flavonoids on the expression of bone sialoprotein gene
- Dr Natalina (Indonesia): Periodontal research of postgraduate program in periodontics in Indonesia
- Prof Mark Bartold (Australia): Periodontal medicine – Establishment of a new frontier for periodontology
- Dr Warwick Duncan (New Zealand): Modelling bone regeneration in Ovis aries
- Dr Seong-Ho Choi (Korea): Implant surface development in attempting to regenerate bone defects
- Dr AS Mohd Asari (Malaysia): Periodontic specialist service: Malaysia experience
- Dr Jincai Zhang (China): The effect of chronic periodontitis on diabetic kidney disease and its possible mechanisms in OLETF rats
- Dr Mike Tan (Philippines): Periodontics in the Philippines (Then, Now and Beyond)
- Dr Kong Mun Chung (Singapore): Dental implants – A low or no maintenance question
- Dr Yosvimol Kuphasuk (Thailand): Past and present of Thai dental groups

**Past & Present Office Bearers (L to R)**
Shinya Murakami, Jin-Cai Zhang, Young Ku, Yeek Herr, Warwick Duncan, Tara Taiyeb Ali, Nannette Vergel de Dios, Yuniarti Soeroso, Huan -Xin Meng, Toshihiko Nagata, Isao Ishikawa, Li-Jian Jin, Stanley Lai, Yuliandi Kemal, Benjamin Tan, Jian-Xia Hou, Kong Mun Chung, Narangsak Laosrisin, Yuichi Izumi, Yosvimol Kuphasuk, Mark Bartold, AR Pradeep
A business meeting was held and the following officers were elected:

**President**
Toshihiko Nagata (Japan)

**Immediate Past President**
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- Young Ku, Korea
- Tara Taiyeb Ali, Malaysia
- Warwick Duncan, New Zealand
- Benjamin Tan, Singapore
- Narongsak Laosrisin, Thailand

The poster sessions, sponsored by Sunstar, were very successful and in keeping with tradition from previous meetings six prizes were awarded for the posters judged to be the best on the day. The winners of the Sunstar Poster Awards were:

- Prof Xiao L Tang (China Medical University, School of Stomatology) - Vitamin D decreases the Porphyromonas gingivalis LPS-induced expression of IL-8 in human periodontal ligament cells
- Mr Kouhei Nakamura (Nagasaki University Graduate School of Biomedical Sciences) - ROCK inhibitor Y-27632 maintains the proliferation of confluent human mesenchymal stem cells
- Dr Jungwon Lee (School of Dentistry, Seoul National University) - Effects of adenovirus expressing bone morphogenetic protein-4 on different cell types of osteoblastic differentiation
- Ms Ying Zheng (The University of Hong Kong, Faculty of Dentistry) - Genetic polymorphisms of Th2 cell regulatory and effector molecules in non-smokers with or without periodontitis
- Dr Supanee Damrongkosit (Faculty of Dentistry, Srinakharinwirot University) - One visit subgingival ultrasonic debridement in well- and poorly-controlled type 2 DM-periodontitis patients
- Dr Davis Tunru (Graduate School of Dentistry, Hasanuddin University) - The association between width of attached gingiva and the health status of the supporting tissue around dental implants

The Proceedings of this meeting detailing full papers of all oral presentations and abstracts of the poster presentations are now under preparation and will be published in early 2014.

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